

# Testing the Inflationary Picture

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“PARTICLE PHYSICS AND COSMOLOGY:  
FROM THE SMALLEST SCALES TO THE LARGEST”

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Inflation provides an explanation for  
the origins of what we see in the  
universe:

- spatial structures at all scales,
- through a causal mechanism,
- nearly scale-independent perturbations,
- synchronized acoustic oscillations (CMB),
- etc. . . .

But just how far can we trust  
its theoretical framework ?

## How does inflation make stuff?

Inflation relies on just two simple ingredients:

- 1) a quantum field,  $\phi(t, \mathbf{x})$
- 2) an expanding universe

$$ds^2 = dt^2 - a^2(t) d\mathbf{x} \cdot d\mathbf{x}$$

Since a quantum field always fluctuates, the universe must *inevitably* have some spatial variation, or structure,

$$\langle 0(t) | \phi(t, \mathbf{x}) \phi(t, \mathbf{y}) | 0(t) \rangle \neq 0$$

and the expansion makes tiny stuff big.

# Testing our assumptions

## How does inflation make stuff?

Inflation relies on just two simple ingredients:

Quantum Gravity? (1) a quantum field,  $\phi(t, \mathbf{x})$  *Who ordered this?*  
(2) an expanding universe

$ds^2 = dt^2 - a^2(t) d\mathbf{x} \cdot d\mathbf{x}$  *How did the universe find itself in this metric?*

Since a quantum field always fluctuates, the universe must *inevitably* have some spatial variation, or structure,

*Which quantum state?*  
 $\langle 0(t) | \phi(t, \mathbf{x}) \phi(t, \mathbf{y}) | 0(t) \rangle \neq 0$

and the expansion makes tiny stuff big.

*It is possible to have too much of a good thing?*

## Particle physics

- 1) we know the background (flat space)
- 2) we know all the relevant ingredients (up to some energy scale)
- 3) we have a well defined and tested theoretical framework (QFT in flat space)
- 4) gravity is completely negligible
- 5) experimentally, we can fiddle, smash, make, and measure anything we want (again, up to some energy scale)

# Particle physics *versus early-universe cosmology*

- 1) we <sup>probably</sup> know the background (~~flat space~~) *FRW space-time*
- 2) we ~~know~~ <sup>can only guess</sup> the relevant ingredients & we do not know the scale (up to some energy scale)
- 3) we have a ~~well~~ <sup>un-</sup> defined and tested theoretical framework (~~QFT in flat space~~) *QFT in curved space* or *quantum gravity*
- 4) gravity is completely ~~negligible~~ <sup>essential</sup>
- 5) ~~experimentally, we can fiddle, smash, make, and measure anything we want (again, up to some energy scale)~~ *experimentally: look, but do not touch!*

## Too much of a good thing?

How much inflation is enough?

– a deliberately crude estimate:

energy now:  $T_{\text{CMB}} = 2.73 \text{ K} = 0.24 \text{ meV}$

energy during inflation:  $H < 10^{14} \text{ GeV}$

$$N = \ln \frac{10^{14} \text{ GeV}}{0.24 \text{ meV}} \approx 61$$

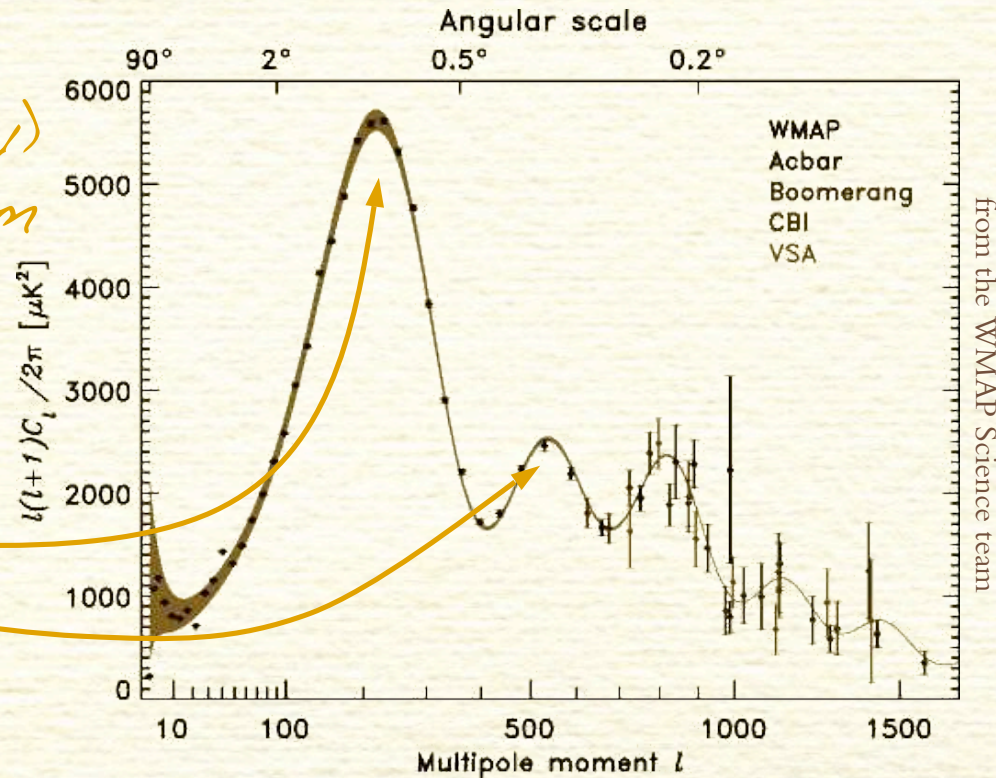
Most inflationary models produce more than this 61 “ $e$ -folds”

Just a few  $e$ -folds more, and the fluctuations are occurring in the quantum gravity regime:

$$\ln \frac{10^{19} \text{ GeV}}{10^{14} \text{ GeV}} \approx 11.5$$

# Trans-Planckian questions

*how big (spatially)  
were the quantum  
fluctuations  
originally that  
eventually made  
this?  
or this?*



Do we need to understand “trans-Planckian” physics to explain the CMB?

Is there a mechanism that hides such stuff?

How big are “trans-Planckian” corrections?



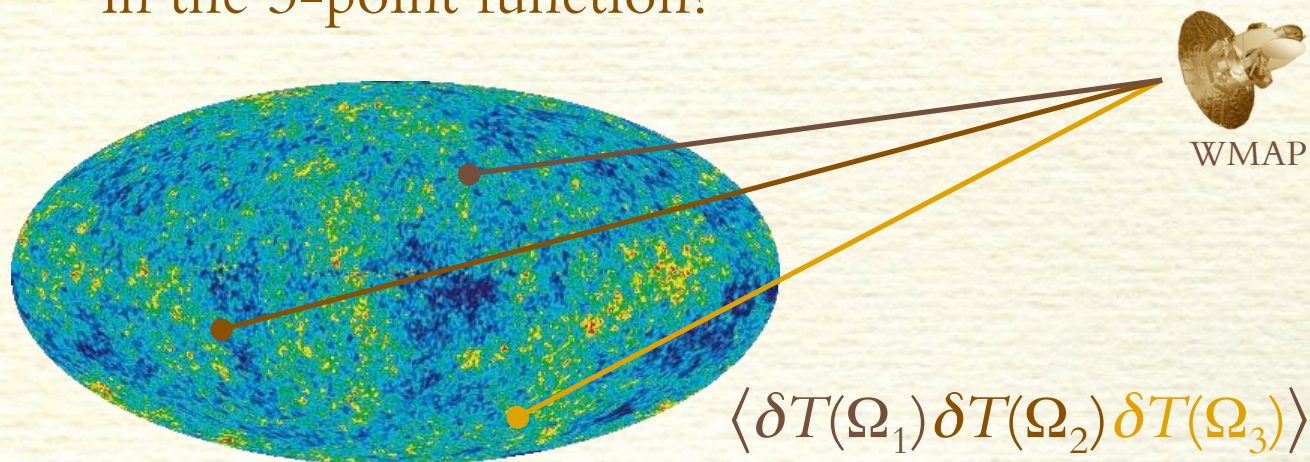
# Just the results: non-Gaussianities

(Collins & Holman, appearing soon)

A little case study:

- suppose space-time *does not* look flat beyond the scale  $M$  ( $< M_{\text{pl}} \approx 10^{19}$  GeV)
- use an effective theory treatment (so we do not need a theory of quantum gravity)

How big are these “trans-Planckian” effects in the 3-point function?



## Just the results: non-Gaussianities

(Collins & Holman, appearing soon)

The temperature fluctuations are produced by primordial fluctuations in the background

The typical size (ignoring spatial dependence) is sometime crudely described by an  $f_{\text{nl}}$ ,

$$\langle 0(t) | \phi(t, \mathbf{x}) \phi(t, \mathbf{y}) \phi(t, \mathbf{z}) | 0(t) \rangle \approx \frac{f_{\text{nl}}}{\varepsilon^2} \frac{H^4}{M_{\text{pl}}^4}$$

Under the usual assumptions,  $f_{\text{nl}} \sim \varepsilon$

But less symmetry beyond the scale  $M$ , can lead to a much larger “effective”  $f_{\text{nl}}$ ,

$$\frac{M_{\text{pl}}}{M} < f_{\text{nl}}^{\text{eff}} < \frac{M_{\text{pl}}}{H}$$

These signals are *easier* to see than analogous corrections to the power spectrum (2-point)

Collins & Holman, Phys. Rev. D 77, 105016 (2008)

## Additionally...

For further results on the trans-Planckian problem of inflation,

- power spectrum, scalar-to-tensor ratio, effective-state approach, etc.

*[www.nbi.dk/~hael/pubs.html](http://www.nbi.dk/~hael/pubs.html)*

For student-level introductions to

- INFLATION AND THE PRIMORDIAL PERTURBATIONS → *ready*
- PRIMORDIAL NON-GAUSSIANITIES FROM INFLATION → *soon*
- THE TRANS-PLANCKIAN PROBLEM → *soon*

see

*[www.nbi.dk/~hael/general.html](http://www.nbi.dk/~hael/general.html)*