

0		apples-gala
0		Fajita Mix-chopped onions, peppers
0		spinach
0		salad greens
0		celery
0		blueberries
0		strawberries
0		oranges
0		grapes-seedless
0		cucumbers
0		peppers
0		green beans
0		onions
0		carrots
0		mushrooms
0		tomatoes
0		potatoes-red; baking
0		sweet potatoes
0		bananas
1		chocolates-Hersheys
5		Cool Whip--fat free
5		bread-gluten free; "Goodby Gluten"
5		bread-Natural Health Nut
5		crackers
4D		ham
4D		turkey
4D		mozzarella cheese
4D		lacy swiss cheese
5D		meat: hamburger ____. roast ____
6		coffee
6		tea English
6		tea Earl Grey
6		soup: oodles noodles ____
7		pasta: soup noodles ____; spaghetti ____

		apple sauce
8		croutons
8		jelly & honey
8		peanut butter
8		salad dressing
8		tuna
8		gravy: beef ____, chicken ____
		rice-white -- brown
9		mandarin orange
9		Pam-olive oil spray
10		quaker oats
10		cereal - corn or rice Chex
11		toilet paper: Charmins mega
11		Puff tissue
11		paper towels
11		
12		frozen vegetables
13		ice cream: choc ____, choc. chip mint ____
19		oleo, Spray
19		white milk (girls)
19		white milk (1%)
19		orange juice
19		red pepper humus
19		cheese (2%); cheese slices
19		eggs-jumbo
19		yogurt
19		eggs-jumbo