



# American Cancer Society

## Relay For Life of Oakland at Carnegie Mellon

### What is Relay For Life?

- What:** Relay For Life celebrates life! Relay For Life is a non-competitive community event where teams of 8-15 people take turns walking or running around a track for 16 straight hours. While waiting their turn on the track, teams camp out at the site and enjoy themselves in a carnival-like atmosphere with entertainment, food, and camaraderie. Almost every team is formed to rally around a team member, family member or co-worker who has been touched by cancer. Money is raised through funds collected by the team members prior to the event.
- When:** Saturday, October 8 (4:00 pm) through Sunday, October 9 (8:00 am), 2005
- Where:** Gesling Stadium, Carnegie Mellon University
- Why:** To raise money to support research and our local cancer patient services and public education.
- Who:** Teams of individuals representing businesses, hospitals, churches, families, neighborhoods, service organizations, youth groups, schools, and friends. Since this is a non-competitive event, anyone can participate.
- How:** Each team must pay a registration fee (usually \$150, but registration fees are discounted for early registration.) In addition, each member is encouraged to raise a minimum of \$100 in pledges. Contact the American Cancer Society at 412-919-1100 to register.

#### Event Highlights:

- **It's the Celebration.** Relay For Life includes a **Survivor's Lap and Reception**. At this time, any current cancer patient or cancer survivor is invited to walk this victory lap to celebrate their triumph over cancer, with a reception immediately following. It is truly a celebration of life after cancer, and its impact on those that participate is indescribable. Any survivor wishing to receive an invitation to the victory lap and reception should contact the American Cancer Society office at 412-919-1100.
- **It's the Healing.** At 9:00 pm on Saturday, October 8, the track is cleared for a special **Luminaria Ceremony**. Bagged votive candles purchased by the public are lit and line the track at the stadium, each listing someone's name. The luminaria are purchased for those currently fighting, those who won, and those who lost the battle against cancer. It is an extremely emotional and touching tribute.
- **It's the Prevention.** We take full advantage of the concern our participants have for cancer eradication by promoting cancer prevention and detection throughout the event. Our goal is to teach the public the tips necessary to lead a healthy lifestyle with the hope that they never get the disease in the first place. Our efforts have been well received, and we know that by implementing this program, we are truly saving lives.

For more information:

Visit [www.acsevents.org/relay/pa/oakland](http://www.acsevents.org/relay/pa/oakland)  
or email [karen.broadhuhn@cancer.org](mailto:karen.broadhuhn@cancer.org)